# News Capsule

#### Volume 60 Issue 2

October 2019

#### STARK COUNTY MEDICAL SOCIETY AUXILIARY

#### Welcome Autumn!

Change is in the air and a new season has begun. Time to retire the beach hats and flip flops; summer is behind us and now just a memory. I hope everyone has a favorite memory to cherish as we head into Autumn. Mine is our annual family trip to Lake George, New York, just an hour away from where my husband, Harry, spent his childhood. Our days were filled with tubing behind a pontoon boat, fishing for whatever would hang onto our hooks, catching up on all those unread books, roasting marshmallows, and listening to giggles by the campfire. Wonderful memories with all of us being together. Of course, a vacation wouldn't be a vacation without bringing home a souvenir. This year my treat was a cup with a black silhouette of Lake George printed on a blue background. I will savor my Lake George memories while sipping hot tea during the cold months ahead.

Autumn is one of my favorite times of the year and it ushers in

many changes. A new school year kicks off with fresh goals and ambitions. Friday nights heat up for those traditional rivalry footballs games! The leaves are changing to brilliant colors of red, orange and yellow. (A beautiful tapestry of colors that I didn't normally see in Florida.) The air is cooler, and the time has come to pull those comfy sweaters from the closet as you head off to the corn maze for a hayride. Of course, the season wouldn't be complete without a pumpkin. The smells of pumpkin spice in coffee or baked goods is truly a treat for the senses!

SCMSA has already welcomed Autumn with several membership gatherings on the calendar. Our first gathering was held in September. The 3<sup>rd</sup> annual Health Fair at Christ Presbyterian Church in downtown Canton had over 50 guests attending this educational event. Many thanks to **Lorraine, Kathleen, Kevin** and the committee for coordinating this worthwhile event. We look



Carman D'Agostino, President

forward to next year's program,

On October 18<sup>th</sup>, **Mark and Dr. Ellie Butterworth** have planned an evening of the culinary senses with a Food Tour of downtown Canton. Please review the information in this newsletter and mark your calendar. Come and join us on this cool Autumn evening – all are welcome!



Like us on Facebook!

Look at "Stark County Medical Society Auxiliary"

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#### Very Important for SCMSA

If you have not paid your dues, please use the form on the insert included with the News Capsule

RSVP for our October 18th Canton Food Tour.

## Save the Date

# <u>2019</u>

November 19<sup>th</sup> - *Make a Mug* event at the Canton Museum of Art

December 10<sup>th</sup> - *Holiday Cookie exchange* at the home of Stacy Dulik

\*\*Please note that we are asking members to bring to the Holiday gathering new socks and underwear to help supply the Clothing Pantry at Christ Presbyterian Church and Hope Outreach Ministries

## <u>2020</u>

March 4<sup>th</sup> - Lily Pulitzer Fashion Show/Luncheon - Annual Fundraiser at Brookside County Club



Thank you to everyone involved with making the annual golf outing a success. It was a beautiful day! The event benefits the Community

Harvest program of the Akron-Canton Regional Foodbank. It was a great success, and SCMS was so appreciative of the "Spirit Basket" donated by our Auxiliary. Thank you to all our members who donated. It was a huge basket valued at over \$500. Kevin said one golfer bought all the raffle tickets to ensure that he was the winner. Pictured are (l to r) Faith Barbato, Kevin Metz, and Ashley Caley

## OSMA Alliance-North Central States Alliance Regional Conference joined with Annual Fall Focus

On September 6-8, the OSMA Alliance had the privilege to hold the 2019 North Central States Alliance Regional Conference in Cleveland. Representatives from Illinois, Iowa, Indiana, Ohio, South Dakota,

Kansas, Michigan. Minnesota, Missouri, Nebraska and North Dakota were in attendance. **Kathleen and Carman represented our Stark County Medical Auxiliary** and listened to speakers present on subjects regarding marketing and organization, and health promotion of the foster care system. There were also fun activities planned such as a tour of the Rock and Roll Hall of Fame and a dinner cruise. One noted presentation was by **Joe Rosoto**, **Director of Government Relations at Ohio State Medical Association.** Joe's Legislative Update presentation focused on the Fall Election Review, State Budget Recap, Scope of Practice and OSMA Legislative Priorities. The conference ended with a "You are a Champion" speech by our own Mike Galliana from North Canton. Our next meeting will be the OSMA Annual Meeting on April 16-17, 2020 Hilton Columbus at Easton.









# SCMS and SCMSA Evening Out *Hall of Fame City Food Tour* Friday, October 18<sup>th</sup>, 2019

**Eat and drink your way through downtown Canton**, reconnect with colleagues, and learn awesome fun facts about our city! We visit 4 restaurants for curated entrée small plates (that add up to replace a meal) during a walking tour through the Canton Arts District. In between stops, attention is directed to public art, and numerous points of interest, including the birthplace of the NFL, downtown living spaces and more. A Canton Food Tour is a delicious combination of food, fun, learning and more!

#### Please note the following important details:

This is a walking tour with sit-down stops along the way. Wear comfortable shoes and appropriate weather-related accessories. The stops are groups close together and pace is leisurely. Tour is rain or shine.

The tour starts at 5:45 pm in the lobby of the McKinley Grand Hotel (320 Market Ave S. 44702). Please arrive 5 minutes before start time. We head to our first food stop is at 5:45 pm. Duration of the tour: Approximately 3-31/2 hours.

**Parking**: Meters are free on weeknights and weekends. We end this tour at Basil Asian Bistro (585 Market Ave N). You may park near the start locations, end location or somewhere in between. It is approximately 6 blocks from Basil Asian Bistro to the McKinley Grand Hotel.

We do not order from a menu. If there area dietary restrictions/allergies in your group, let us know-Barb@CantonFoodTour.com or contact Mark Butterworth at 330-417-2821. On the spot accommodations cannot be made.

#### Guests are welcome.

**Cost:** \$80 per person. Cost includes guided tour, all food as described above, 2 alcoholic beverages pairings, all gratuities, taxes, Auxiliary fee and take home goodie bag.

## Make check payable to Canton Food Tours.

## Payment due to Mark Butterworth by October 11<sup>th</sup>.

Checks can be mailed to Mark at 4286 Glenmoor Road NW, Canton 44718

#### STARK COUNTY MEDICAL SOCIETY AUXILIARY

#### Pat Fuller, Editor 3435 Vineyard NW Canton, Ohio 44708 patfuller474@gmail.com

Please notify the Editor, if you have a change of address or know of a member not receiving the Capsule. The Capsule is also on line. Each member will receive a notice when the News Capsule is on line and a paper copy sent.

Our webpage address is: starkcountymedicalsocietyauxiliry@weebly.com There are no passwords.

If you have any questions, please contact the Editor at the above email address.

- ⇒ Do you know a SCMSA member, colleague or someone in the health care community who has had life changing experience? Maybe they have welcomed a new baby or are getting married, or they may be sick or have experienced a loss? We would like to let them know we are thinking of them by sending a card or receiving a phone call. Please send their name (s) to Joanne Prodofikas, our Courtesy/Outreach Chair
- ⇒ Remember, if you have any pictures, articles from any group in the county with news about our members, please send it to Jacki Ronning, our Historian
- ⇒ If you have any corrections or changes in your personal information for the Yearbook, please notify **Pat Fuller**
- $\Rightarrow$  Sympathy card was sent to Alice Lungociu on the death of her husband, Nicholas.
- ⇒ Angela Blake will be working with our website and social media. If you have any questions or information, please give her a call. She has set the website with pay pal.

## **Extra Information for You!**

- ⇒ Next Board Meeting is October 7th at 9:00 am at the SCMS office. Please call Carman, if you cannot attend.
- ⇒ The dues have been raised to \$35.00 to cover higher postage and business costs. The increase is the first in many, many, many years.
- ⇒ The next scheduled general meeting is in November. 19, 2019 at the Canton Museum of Art. Friends are welcome.
- $\Rightarrow$  SCMSA Dues and Membership

If you haven't paid your 2019-2020 membership dues, please do so now. Your dues help coordinate the programs and activities designed by SCMSA and OSMA Alliance. It also helps in promoting health education within Stark County. Additionally, your membership helps promote a growing fellowship among the medical community. Please renew or bring along a new friend today!

You can send your check today to: Stacy Dulik, 6615 Lutz, Massillon, Ohio 44646. A copy of the dues form is on the back of the insert.

